

**2019 AARP Alabama Caregiving Survey Annotation
Registered Voters 40-plus
February 25 to March 24, 2019 (N=1,000; Weighted Results)**



SCREENING QUESTIONS

S1. Our study is interested in the opinions of people in certain age groups. Could you please tell me your age as of your last birthday? **[IN YEARS]** _____ **[RECORD ACTUAL AGE AND USE THE AGE GROUPS BELOW TO KEEP TRACK OF HOW MANY RESPONDENTS WE ARE GETTING IN EACH GROUP]**

S2. **[IF REFUSED IN S1]** I understand. Some people are not comfortable giving their age, but would you let me know which of the following age ranges you fall into?

All Respondents (N=1,000)

- 0.0% Under 40 [DO NOT READ] **[ASK TO SPEAK TO SOMEONE 40 OR OLDER AND REPEAT INTRO AND THEN ASK S1. IF NO ONE 40 OR OLDER, TERMINATE]**
- 23.0% 40-49
- 12.3% 50-54
- 28.3% 55-64
- 36.4% 65 or older
- 0.0% Refused [DO NOT READ] **[GO TO S2]**

S3. **[RECORD RESPONDENT'S GENDER. ASK ONLY IF ABSOLUTELY NECESSARY]** "To ensure it is recorded accurately, could you please state your gender?"

All Respondents (N=1,000)

- 42.8% Male
- 57.2% Female

S4. Are you registered to vote in **Alabama**?

All Respondents (N=1,000)

- 100.0% Yes
- 0.0% No

MAIN QUESTIONNAIRE

Q1. A family caregiver is someone who provides UNPAID care for an adult loved one who is ill, frail, elderly, or has a physical, mental, or emotional disability. This unpaid care may include assisting with personal needs like bathing and dressing, household chores, meals, shopping, transportation, or managing finances or medical care. Are you currently a family caregiver providing UNPAID care to an adult loved one? Q13. Have you ever been a family caregiver who provided UNPAID care to an adult loved one? **[INTERVIEWER NOTE: IF THE RESPONDENT ASKS IF THE PERSON THEY PROVIDE (HAVE PROVIDED) CARE TO HAD TO LIVE WITH THEM THE INTERVIEWER SHOULD SAY "THIS PERSON DID NOT HAVE TO LIVE WITH YOU."]**

All Respondents (N=1,000)

14.8%	Yes, I am currently providing care to an adult loved one
33.1%	Yes, I have been a family caregiver in the past
51.8%	No
0.3%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q2. What is the age of the person you are providing care for? Q14. What was the age of the person who you most recently provided care to? **[INTERVIEWER: IF THEY ARE PROVIDING [PROVIDED] CARE TO MORE THAN ONE PERSON, ASK THEM TO ANSWER BASED ON THE PERSON THEY ARE PROVIDING (PROVIDED) THE MOST CARE TO]. [RECORD AGE IF KNOWN AND GIVEN; IF NOT KNOWN OR GIVEN, TRY TO RECORD IT IN THE RANGE BELOW]**

Current Caregivers (n=148)

0.0%	Under 18 [SKIP TO Q13]
17.6%	18-49
2.6%	50-59
10.4%	60-69
26.1%	70-79
40.0%	80+
3.3%	Not sure/Refused [DO NOT READ]

Former Caregivers (n=331)

0.0%	Under 18 [SKIP TO Q25]
5.3%	18-49
5.1%	50-59
16.6%	60-69
25.6%	70-79
46.3%	80+
1.1%	Not sure/Refused [DO NOT READ]

Current and Former Caregivers (n=479)

9.1%	18-49
4.3%	50-59
14.7%	60-69
25.8%	70-79
44.3%	80+
1.8%	Not sure/Refused [DO NOT READ]

Q3. Who are you caring for? Q15. Who did you care for? **[PLEASE CODE TO LIST BELOW, IF NOT ON LIST, PLEASE ADD TO THE LIST]**

Current Caregivers (n=148)

52.5%	Parents (mother/father, mother/father-in-law)
13.6%	Spouse (husband/wife, companion/partner)
5.4%	Children (son/daughter)
10.9%	Sibling (brother/sister, sister/brother-in-law)
11.2%	Other relative (grandmother, grandson/daughter, nephew/niece, uncle/aunt)
5.8%	Non-relative (friend, neighbor)
0.3%	Other
0.0%	Not sure/Refused [DO NOT READ]

Former Caregivers (n=331)

60.2%	Parents (mother/father, mother/father-in-law, stepmother/father)
13.0%	Spouse (husband/wife, companion/partner, girl/boyfriend)
1.2%	Children (son/daughter)
7.5%	Sibling (brother/sister, brother/sister-in-law)
13.2%	Other relative (aunt/uncle, aunt/uncle-in-law, grandfather/mother, grandmother/father-in-law, grandson, nephew)
5.0%	Non-relative (friend, neighbor)
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Current and Former Caregivers (n=479)

57.9%	Parents (mother/father, mother/father-in-law, stepmother/father)
13.2%	Spouse (husband/wife, companion/partner, girl/boyfriend)
2.6%	Children (son/daughter)
8.6%	Sibling (brother/sister, brother/sister-in-law)
12.7%	Other relative (aunt/uncle, aunt/uncle-in-law, grandfather/mother, grandmother/father-in-law, grandson/daughter, nephew/niece)
5.2%	Non-relative (friend, neighbor)
0.1%	Other
0.0%	Not sure/Refused [DO NOT READ]

Q4. Are you caring for someone who served on active duty for the United States Armed Forces? Q16. Did you care for someone who served on active duty for the United States Armed Forces? **[IF NEEDED, SAY: THE UNITED STATES ARMED FORCES INCLUDES THE ARMY, NAVY, AIR FORCE, MARINES, COAST GUARD, OR WOMEN'S ARMED FORCES]**

Current Caregivers (n=148)

17.7%	Yes
82.3%	No
0.0%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Former Caregivers (n=331)

24.5%	Yes
74.7%	No
0.8%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Current and Former Caregivers (n=479)

22.4%	Yes
77.1%	No
0.5%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q5. Still thinking about the person you are providing care to the most, which of the following activities are you providing? Are you ...? Q17. Thinking about the person you most recently provided care to, which of the following activities did you provide? Did you ...? **[INSERT, READ AND RANDOMIZE ITEMS A-H AND ASK I and J AS A BLOCK IN ORDER]**

<u>Current Caregivers (n=148)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assisting with bathing or dressing	54.7%	45.3%	0.0%
b. Providing transportation to appointments	88.9%	11.1%	0.0%
c. Taking them shopping or shopping for them	87.7%	12.3%	0.0%
d. Helping them with meals	86.6%	11.8%	1.5%
e. Helping them to manage finances	67.3%	29.6%	3.1%
f. Aiding with household chores	84.8%	14.9%	0.2%
g. Providing social activities or companionship	79.8%	17.0%	3.2%
h. Maintaining or upkeeping their property	65.8%	32.2%	2.0%
i. Overseeing their medication management	76.2%	22.2%	1.6%
j. Being responsible for other medical or nursing tasks	59.3%	36.9%	3.8%

<u>Former Caregivers (n=331)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assist with bathing or dressing	73.2%	26.7%	0.1%
b. Provide transportation to appointments	83.5%	16.5%	0.0%
c. Take them shopping or shop for them	87.3%	12.0%	0.7%
d. Help them with meals	94.0%	5.9%	0.1%
e. Help them to manage finances	64.5%	35.4%	0.1%
f. Aid with household chores	91.4%	8.5%	0.1%
g. Provide social activities or companionship	89.1%	10.6%	0.2%
h. Maintain or upkeep their property	72.6%	27.2%	0.2%
i. Oversee their medication management	82.9%	17.1%	0.0%
j. Have responsibility for other medical or nursing tasks	57.3%	42.4%	0.3%

<u>Current and Former Caregivers (n=479)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Assisting with bathing or dressing	67.5%	32.4%	0.1%
b. Providing transportation to appointments	85.1%	14.9%	0.0%
c. Taking them shopping or shopping for them	87.5%	12.1%	0.5%
d. Helping them with meals	91.7%	7.7%	0.5%
e. Helping them to manage finances	65.4%	33.6%	1.1%
f. Aiding with household chores	89.4%	10.5%	0.1%
g. Providing social activities or companionship	86.3%	12.6%	1.1%
h. Maintaining or upkeeping their property	70.5%	28.8%	0.8%
i. Overseeing their medication management	80.8%	18.7%	0.5%
j. Being responsible for other medical or nursing tasks	57.9%	40.7%	1.4%

Q6. Q18. Have you ever been employed either full- or part-time while providing care to your adult loved one?

Current Caregivers (n=148)

- 50.5% Yes **[ASK Q7]**
- 47.9% No **[SKIP TO Q8]**
- 1.5% Not sure [DO NOT READ] **[SKIP TO Q8]**
- 0.0% Refused [DO NOT READ] **[SKIP TO Q8]**

Former Caregivers (n=331)

- 55.5% Yes **[ASK Q19]**
- 43.1% No **[SKIP TO Q20]**
- 0.7% Not sure [DO NOT READ] **[SKIP TO Q20]**
- 0.7% Refused [DO NOT READ] **[SKIP TO Q20]**

Current and Former Caregivers (n=479)

- 54.0% Yes
- 44.6% No
- 0.9% Not sure [DO NOT READ]
- 0.5% Refused [DO NOT READ]

Q7. Now thinking again about the adult loved one you are currently providing care to, did you ever have to ...? Q19. Now thinking again about the adult loved one you have most recently provided care to, did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-D]**

Working Current Caregivers (n=75)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	76.0%	24.0%	0.0%
b. Take a leave of absence from your job to provide care for a loved one	35.7%	64.3%	0.0%
c. Go from working full-time to part-time to provide care for a loved one	31.0%	69.0%	0.0%
d. Give up working entirely to provide care for a loved one	20.5%	76.3%	3.2%

Working Former Caregivers (n=184)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	67.0%	32.9%	0.2%
b. Take a leave of absence from your job to provide care for a loved one	24.8%	75.0%	0.2%
c. Go from working full-time to part-time to provide care for a loved one	20.4%	79.6%	0.0%
d. Give up working entirely to provide care for a loved one	17.7%	82.2%	0.2%

Working Current and Former Caregivers (n=258)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Go into work early or late, or take time off to provide care for a loved one	69.6%	30.3%	0.1%
b. Take a leave of absence from your job to provide care for a loved one	27.9%	71.9%	0.1%
c. Go from working full-time to part-time to provide care for a loved one	23.4%	76.6%	0.0%
d. Give up working entirely to provide care for a loved one	18.5%	80.5%	1.1%

Q8. Now thinking again about the adult loved one you are currently providing care to, did you ever have to ...? Q20. Now thinking again about the adult loved one you have most recently provided care to, while providing this care did you ever have to ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

<u>Current Caregivers (n=148)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care [IF YES, ASK Q9]	64.3%	35.3%	0.5%
b. Make changes to your home for the loved one in your care	36.7%	63.3%	0.0%
c. Move into another home to accommodate the loved one in your care	17.9%	81.8%	0.2%

<u>Former Caregivers (n=331)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care [IF YES, ASK Q21]	58.5%	40.6%	0.9%
b. Make changes to your home for the loved one in your care	34.9%	65.0%	0.1%
c. Move into another home to accommodate the loved one in your care	17.1%	82.8%	0.1%

<u>Current and Former Caregivers (n=479)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Use your own money to help provide care	60.3%	38.9%	0.8%
b. Make changes to your home for the loved one in your care	35.5%	64.5%	0.1%
c. Move into another home to accommodate the loved one in your care	17.4%	82.5%	0.1%

Q9. As a caregiver, have you ever spent your own money to help care for your loved one for any of the following? Q21. As a caregiver, did you ever spend your own money to help care for your loved one for any of the following? **[INSERT, READ AND RANDOMIZE ITEMS A-J]**

<u>Current Caregivers Who Spent Money on Care (n=95)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	29.2%	70.4%	0.4%
b. Using companion services	13.7%	83.7%	2.6%
c. Using homemaker or maid services	11.8%	87.8%	0.3%
d. Skilled care services to help with medication or other medical services	22.1%	77.2%	0.7%
e. Using adult day care	6.3%	93.7%	0.0%
f. Transporting your loved one to where they need to go	75.5%	24.1%	0.4%
g. Making modifications to your home or your loved one's home	49.0%	51.0%	0.0%
h. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	50.1%	49.5%	0.4%
i. Buying prescription drugs	71.3%	26.5%	2.3%
j. Making modifications to a vehicle or buying a new vehicle	17.6%	82.4%	0.0%

<u>Former Caregivers Who Spent Money on Care (n=194)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	29.1%	70.9%	0.0%
b. Using companion services	18.8%	79.4%	1.8%
c. Using homemaker or maid services	18.2%	81.6%	0.2%
d. Skilled care services to help with medication or other medical services	28.5%	67.5%	4.0%
e. Using adult day care	9.2%	90.6%	0.2%
f. Transporting your loved one to where they need to go	76.7%	22.2%	1.1%
g. Making modifications to your home or your loved one's home	37.6%	60.9%	1.5%

<u>Former Caregivers Who Spent Money on Care (n=194)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
h. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	49.8%	50.0%	0.2%
i. Buying prescription drugs	51.0%	49.0%	0.0%
j. Making modifications to a vehicle or buying a new vehicle	9.6%	90.4%	0.0%

<u>Current and Former Caregivers Who Spent Money on Care (n=289)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Hiring a home health aide or personal care attendant	29.1%	70.7%	0.1%
b. Using companion services	17.1%	80.8%	2.0%
c. Using homemaker or maid services	16.1%	83.7%	0.2%
d. Skilled care services to help with medication or other medical services	26.4%	70.7%	2.9%
e. Using adult day care	8.2%	91.6%	0.2%
f. Transporting your loved one to where they need to go	76.3%	22.8%	0.9%
g. Making modifications to your home or your loved one's home	41.4%	57.6%	1.0%
h. Assistive technology to increase the functionality of your loved one such as a wheelchair, hearing devices, vision aids, or wearable devices	49.9%	49.8%	0.3%
i. Buying prescription drugs	57.7%	41.5%	0.7%
j. Making modifications to a vehicle or buying a new vehicle	12.2%	87.8%	0.0%

Q10. Q22. As a caregiver do you ever ...? **[INSERT, READ AND RANDOMIZE ITEMS A-I]**

<u>Current Caregivers (n=148)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	70.4%	28.4%	1.2%
b. Feel stressed in trying to balance your job and family [SKIP IF ANSWERED NO, NOT SURE, OR REFUSED TO Q6] [n=75]	61.1%	38.9%	0.0%
c. Find it difficult to maintain a healthy diet	33.0%	67.0%	0.0%
d. Find it difficult to get enough rest	63.9%	36.1%	0.0%
e. Find it difficult to exercise regularly	49.9%	48.2%	1.8%
f. Find it difficult to take care of your household responsibilities	42.4%	57.6%	0.0%
g. Experience problems with your health	51.8%	47.9%	0.3%
h. Find it difficult to make time to visit your doctor	31.8%	68.2%	0.0%
i. Feel strained financially due to your caregiving responsibilities	39.7%	60.0%	0.3%

<u>Former Caregivers (n=331)</u>	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	56.2%	43.0%	0.7%
b. Feel stressed in trying to balance your job and family [SKIP IF ANSWERED NO, NOT SURE, OR REFUSED TO Q19] [n=184]	55.6%	44.4%	0.0%
c. Find it difficult to maintain a healthy diet	35.3%	63.8%	1.0%
d. Find it difficult to get enough rest	54.4%	44.3%	1.3%
e. Find it difficult to exercise regularly	39.9%	59.8%	0.3%
f. Find it difficult to take care of your household responsibilities	38.7%	61.0%	0.2%
g. Experience problems with your health	33.6%	65.6%	0.8%
h. Find it difficult to make time to visit your doctor	22.8%	77.1%	0.1%
i. Feel strained financially due to your caregiving responsibilities	29.4%	70.4%	0.2%

Current and Former Caregivers (n=479)

	<u>Yes</u>	<u>No</u>	<u>NS/REF</u>
a. Feel stressed emotionally due to your caregiving responsibilities	60.6%	38.5%	0.9%
b. Feel stressed in trying to balance your job and family [n=258]	57.2%	42.8%	0.0%
c. Find it difficult to maintain a healthy diet	34.6%	64.8%	0.7%
d. Find it difficult to get enough rest	57.3%	41.7%	0.9%
e. Find it difficult to exercise regularly	43.0%	56.2%	0.8%
f. Find it difficult to take care of your household responsibilities	39.9%	60.0%	0.1%
g. Experience problems with your health	39.3%	60.1%	0.6%
h. Find it difficult to make time to visit your doctor	25.6%	74.4%	0.1%
i. Feel strained financially due to your caregiving responsibilities	32.6%	67.2%	0.2%

Q11. How important is it to you to be able to provide care for your loved one so that they can keep living independently in their own home? Is it ...? Q23. How important was it to you to be able to provide care for your loved one so that they could keep living independently in their own home? Was it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

Current Caregivers (n=148)

56.9% Extremely important
35.5% Very important
4.4% Somewhat important
0.5% Not very important
0.7% Not at all important
0.5% Not sure [DO NOT READ]
1.5% Refused [DO NOT READ]

Former Caregivers (n=331)

50.6% Extremely important
41.9% Very important
3.1% Somewhat important
0.3% Not very important
2.2% Not at all important
1.9% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Current and Former Caregivers (n=479)

52.6% Extremely important
39.9% Very important
3.5% Somewhat important
0.4% Not very important
1.7% Not at all important
1.4% Not sure [DO NOT READ]
0.5% Refused [DO NOT READ]

Q12. Q24. Q25. How likely do you think it is that you will provide any caregiving or assistance on an unpaid basis for an adult loved one in the future? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

Current Caregivers (n=148)

39.3% Extremely likely
30.0% Very likely
13.0% Somewhat likely
4.9% Not very likely
10.4% Not at all likely
2.4% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Former Caregivers (n=331)

24.0% Extremely likely
16.3% Very likely
17.0% Somewhat likely
16.9% Not very likely
23.9% Not at all likely
2.0% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Current and Former Caregivers (n=479)

28.7% Extremely likely
20.5% Very likely
15.8% Somewhat likely
13.2% Not very likely
19.7% Not at all likely
2.1% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

Never Been Caregivers (n=524)

12.6% Extremely likely
22.8% Very likely
25.8% Somewhat likely
14.0% Not very likely
21.7% Not at all likely
3.0% Not sure [DO NOT READ]
0.0% Refused [DO NOT READ]

All Respondents (N=1,000)

20.4% Extremely likely
21.8% Very likely
21.1% Somewhat likely
13.6% Not very likely
20.3% Not at all likely
2.6% Not sure [DO NOT READ]
0.3% Refused [DO NOT READ]

Q26. IF CURRENT CAREGIVER, ASK ... In your opinion, as a current caregiver, how helpful would the following types of caregiving support be to you? **IF A FORMER CAREGIVER, ASK ...** In your opinion, as a former caregiver, how helpful would the following types of caregiving support be to you? **FOR ALL OTHER RESPONDENTS, ASK ...** In your opinion, as someone who may provide care in the future, how helpful would the following types of caregiving support be to you? Would ... **[INSERT A-H IN RANDOM ORDER, KEEP A & B TOGETHER AND ALWAYS ASK A FIRST THEN B]** be ...? **[READ EACH ANSWER CATEGORY BELOW]**

	Extremely helpful	Very helpful	Somewhat helpful	Not very helpful	Not at all helpful	NS/REF
<u>All Respondents (N=1,000)</u>						
a. Assistance with providing transportation in general	23.3%	33.3%	21.8%	7.5%	12.9%	1.2%
b. Assistance with providing transportation to medical appointments	26.2%	34.2%	18.6%	8.0%	12.1%	0.9%
c. Assistance with understanding how to manage medications	21.8%	33.0%	19.1%	11.8%	12.9%	1.4%
d. Connecting with other caregivers in similar situations	16.5%	32.3%	29.0%	9.0%	10.4%	2.8%
e. Information about available resources for caregivers in your community	26.1%	39.6%	20.6%	4.2%	7.5%	2.0%
f. Respite care or breaks from caregiving responsibilities	26.9%	35.1%	20.9%	4.2%	10.0%	2.9%
g. Assistance with providing meals	22.2%	33.9%	22.9%	8.1%	11.8%	1.0%
h. Assistance with managing household chores	21.4%	35.8%	22.4%	7.5%	11.3%	1.7%

Q27. Family caregivers help older residents in Alabama live independently by performing services like bathing and dressing as well as managing medication and paying bills. How important do you think it is to have more resources and training for family caregivers? Do you think it is ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

<u>All Respondents (N=1,000)</u>	
43.0%	Extremely important
38.8%	Very important
14.4%	Somewhat important
1.6%	Not very important
1.5%	Not at all important
0.7%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

THE CARE ACT

Q28. Now I'm going to ask if you support or oppose some proposals that would provide additional help for family caregivers. Do you support or oppose ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

Q29. Is that strongly or somewhat?

<u>All Respondents (N=1,000)</u>	<u>Strongly support</u>	<u>Some-what support</u>	<u>Neither support or oppose/ Not sure</u>	<u>Some-what oppose</u>	<u>Strongly oppose</u>	<u>REF</u>
a. Requiring hospitals and care facilities to record the name of a patient's family caregiver in the medical record upon admission	60.5%	24.3%	6.6%	5.4%	3.2%	0.0%
b. Hospitals keeping a family caregiver informed of major decisions, like transferring or discharging the patient	75.3%	16.5%	3.6%	2.8%	1.7%	0.0%
c. Requiring hospitals to explain and demonstrate any medical or nursing tasks family caregivers will need to perform after the patient returns home	78.8%	15.7%	2.2%	1.9%	1.5%	0.0%

QUESTION 30 IS ASKED OF RESPONDENTS WHO ARE NOT CURRENT OR FORMER CAREGIVERS.

Q30. Thinking about right now – today – if you had to care for a family member after their discharge from a hospital, how important would it be for you to get instruction on any medical tasks you may need to provide for your loved one at home? Is it ...? **[INSERT AND READ ITEMS BELOW]**

Respondents Who Are Not Family Caregivers (n=521)

63.2%	Extremely important
29.5%	Very important
3.4%	Somewhat important
1.5%	Not very important
1.7%	Not at all important
0.6%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

QUESTIONS 31-33 ARE ASKED OF RESPONDENTS WHO ARE CURRENT OR FORMER CAREGIVERS

Q31. Thinking about right now – today – if your family member or loved one was being discharged from a hospital, how important would it be for you to get instruction on any medical tasks you may need to provide for your loved one at home? Is it ...? **[INSERT AND READ ITEMS BELOW]**

Current and Former Caregivers (n=479)

69.7%	Extremely important
25.4%	Very important
3.6%	Somewhat important
0.5%	Not very important
0.1%	Not at all important
0.7%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q32. At any time while you have been providing care, did your family member or loved one require admission to a hospital?

Current and Former Caregivers (n=479)

68.7% Yes **[SKIP TO QUESTION 33]**
30.8% No **[SKIP TO QUESTION 34]**
0.5% Not sure [DO NOT READ] **[SKIP TO QUESTION 34]**
0.0% Refused [DO NOT READ] **[SKIP TO QUESTION 34]**

Q33. Upon their discharge from the hospital, were you provided with instruction or live demonstration of any medical tasks that you may need to perform for your family member or loved one at home?

Current and Former Caregivers With Loved Ones in Hospital (n=329)

72.4% Yes
24.4% No
3.2% Not sure [DO NOT READ]
0.1% Refused [DO NOT READ]

RESPIRE CARE

Q34. Do you support or oppose providing short-term help from a home health aide so family caregivers can take a break from their caregiving duties? This help could be provided in-home by a trained health aide or volunteer or out-of-home through an adult day program or institution. Q35. Is that strongly or somewhat?

All Respondents (N=1,000)

71.0% Strongly support
21.4% Somewhat support
3.8% Neither support/oppose/not sure
1.7% Somewhat oppose
2.2% Strongly oppose
0.0% Refused

TAX CREDIT

Q36. Do you support or oppose providing a state income tax credit to family caregivers who incur expenses for the care and support of a family member living in **Alabama**?

All Respondents (N=1,000)

71.2% Strongly support
18.5% Somewhat support
4.5% Neither support/oppose/not sure
2.4% Somewhat oppose
3.5% Strongly oppose
0.0% Refused

NURSING SCOPE OF PRACTICE AND PRACTITIONERS

Q38. Twenty-two states have passed a proposal to modernize outdated rules related to nurse practitioners and advanced practice registered nurses. These nurses, who have additional training in specific areas like elder care, often visit older patients in their homes. By updating the rules, nurse practitioners can serve as the primary or acute care provider for a patient. Do you support or oppose modernizing outdated rules to allow nurse practitioners, who have advanced training, to serve as the primary or acute care provider for patients? Q39. Is that strongly or somewhat?

All Respondents (N=1,000)

66.8%	Strongly support
21.1%	Somewhat support
4.7%	Neither support/oppose/not sure
4.2%	Somewhat oppose
3.2%	Strongly oppose
0.0%	Refused

TELEHEALTH

Q40. About how long would it take you, in minutes, to get to ...? **[INSERT A-C IN RANDOM ORDER]**
[CODE TO LIST BELOW, ADD ADDITIONAL CATEGORIES AS NECESSARY]

<u>All Respondents (n=1,000)</u>	a. The nearest <u>hospital</u>	b. A doctor's office <u>for primary care</u>	c. A doctor's office <u>for specialty care*</u>
Less than 5 minutes	4.0%	4.7%	1.1%
5-10 minutes	25.0%	26.5%	11.5%
11-15 minutes	24.2%	23.5%	12.4%
16-30 minutes	29.9%	30.2%	29.2%
31-45 minutes	10.5%	7.9%	17.2%
46 minutes to 1 hour	3.2%	2.9%	14.7%
More than 1 hour	1.8%	2.5%	11.3%
Not sure [DO NOT READ]	1.1%	1.4%	2.3%
Refused [DO NOT READ]	0.3%	0.3%	0.3%

*like a cardiologist, neurologist, or other specialist

Q41. Have you heard of the terms telehealth, telemedicine, or teledoc?

All Respondents (N=1,000)

31.1%	Yes
67.6%	No
1.3%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q43. Telehealth is another way for people to have one-on-one interactions with their health care providers without having to be in the same location at the same time by using cell phones, computers, or tablets. Examples of telehealth includes a patient wearing a monitoring device that tracks vital signs or alerts a family caregiver if there is a serious injury, or an online conversation between patients and their doctors to get a diagnosis, a prescription filled, or a second opinion. How interested are you in using telehealth services for yourself or a loved one if needed? Are you ...? **[INSERT RESPONSE OPTIONS IN ORDER]**

All Respondents (N=1,000)

17.0%	Extremely interested
23.2%	Very interested
29.3%	Somewhat interested
10.7%	Not very interested
15.0%	Not at all interested
4.4%	Not sure [DO NOT READ]
0.3%	Refused [DO NOT READ]

INDEPENDENT LIVING

Q43. If you or a loved one needed help when the basic tasks of life become more difficult due to aging or illness, where would you prefer to receive that care or help for yourself or a loved one? **[INSERT, READ AND RANDOMIZE ITEMS A-C. ACCEPT ONLY ONE ANSWER]**

All Respondents (N=1,000)

83.2%	a. At home with caregiver assistance
7.2%	b. In an assisted living facility or group home
4.6%	c. In a nursing home
5.0%	Not sure [DO NOT READ]
0.1%	Refused [DO NOT READ]

Q44. If you or a loved one needed help to remain independent, how important would it be to have services that would allow you or a loved one to live independently at home for as long as possible? Would it be ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=1,000)

60.8%	Extremely important
30.7%	Very important
6.7%	Somewhat important
0.3%	Not very important
1.1%	Not at all important
0.4%	Not sure [DO NOT READ]
0.0%	Refused [DO NOT READ]

Q45. How important is it that services that help older adults live independently, such as home health care, personal care, adult day programs, and services so caregivers can take a break from their caregiving duties, are available in your community? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=1,000)

49.5%	Extremely important
36.9%	Very important
9.8%	Somewhat important
1.0%	Not very important
1.8%	Not at all important
0.7%	Not sure [DO NOT READ]
0.3%	Refused [DO NOT READ]

Q46. Now I'm going to ask you about some specific community services. Please tell me how important you think it is to have the following services available in your community to help older adults live independently. How important is having ... **[INSERT, READ AND RANDOMIZE ITEMS A-J.]** in your community? Is it ...? **[INSERT AND READ EACH IMPORTANCE ANSWER CATEGORY]** **[FOR ITEM C: IF NECESSARY READ: Congregate meal programs provide meals and nutrition services to older persons in a group setting like a senior center; FOR ITEM H: IF NECESSARY READ: Medication or services provided to relieve symptoms of terminal illness].**

<u>All Respondents (N=1,000)</u>	<u>Extremely important</u>	<u>Very important</u>	<u>Somewhat important</u>	<u>Not very important</u>	<u>Not at all important</u>	<u>NS/ REF</u>
a. Senior or community centers	31.8%	41.4%	17.8%	3.9%	3.4%	1.6%
b. Chore or homemaker services where someone comes in to do light housekeeping or cleaning for low-income and older persons	35.7%	42.3%	16.4%	1.9%	2.2%	1.5%
c. Congregate meals such as senior lunch programs	31.9%	40.9%	18.8%	3.3%	3.3%	1.7%
d. Home delivered meals	36.8%	36.5%	19.0%	3.0%	3.5%	1.2%
e. Visiting nurse services, such as an RN who comes to your home after a hospitalization	41.5%	42.1%	12.6%	1.5%	1.1%	1.2%
f. Well-trained certified home health care providers	44.0%	47.6%	6.0%	0.6%	1.2%	0.6%
g. Breaks for family caregivers from caregiving duties	38.6%	42.2%	14.4%	1.2%	2.1%	1.4%
h. End of life or hospice services	45.7%	39.1%	9.3%	1.2%	2.6%	2.2%
i. Special transportation services such as one for seniors or persons with disabilities	39.8%	44.9%	11.9%	1.1%	1.5%	0.9%

<u>All Respondents (N=1,000)</u>	<u>Extremely important</u>	<u>Very important</u>	<u>Somewhat important</u>	<u>Not very important</u>	<u>Not at all important</u>	<u>NS/REF</u>
j. An easy way for caregivers to find information and resources to help them provide care	37.8%	45.6%	12.5%	0.6%	1.6%	1.9%

ADULT GUARDIANSHIP

Q47. Adult guardian-ship or con-serv-a-tor-ship is a process by which a state court appoints an individual to care for the well-being, and possibly finances, of another person who is unable to make decisions for him or herself. Guardians or con-serv-a-tors can be family members, friends, or non-related professionals appointed by a judge. Do you currently serve as a guardian or con-serv-a-tor for someone who is unable to manage his or her own affairs?

All Respondents (N=1,000)

- 15.9% Yes **[SKIP TO Q49]**
- 80.9% No **[ASK Q48]**
- 2.7% Not sure [DO NOT READ] **[ASK Q48]**
- 0.5% Refused [DO NOT READ] **[ASK Q48]**

Q48. How likely is it that you will serve as a guardian or con-serv-a-tor for someone in the future?
[INSERT AND READ EACH ANSWER CATEGORY]

Respondents Not Currently a Guardian or Conservator (n=841)

- 9.3% Extremely likely
- 18.2% Very likely
- 21.4% Somewhat likely
- 19.1% Not very likely
- 25.2% Not at all likely
- 6.1% Not sure [DO NOT READ]
- 0.6% Refused [DO NOT READ]

Q49. In Alabama, adult guardianship information, rules, and forms are different from county to county. Do you support updating the Alabama adult guardianship system so that it is consistent across the state, meaning information, rules, and forms are the same from county to county? Q50. Is that strongly or somewhat?

All Respondents (N=1,000)

- 64.1% Strongly support
- 21.2% Somewhat support
- 7.1% Neither support/oppose/not sure
- 3.2% Somewhat oppose
- 3.4% Strongly oppose
- 0.9% Refused

Q51. How important is it for lawmakers in Alabama to update adult guardian-ship or con-serv-a-tor laws to better protect vulnerable adults? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=1,000)

47.5%	Extremely important
37.3%	Very important
9.3%	Somewhat important
1.1%	Not very important
1.5%	Not at all important
2.7%	Not sure [DO NOT READ]
0.7%	Refused [DO NOT READ]

Demographics

The following questions are for classification purposes only and will be kept entirely confidential.

D1. What is your current marital status? Are you ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=1,000)

48.5%	Married
4.3%	Not married, living with your partner or significant other
3.9%	Separated
12.4%	Divorced
14.3%	Widowed
11.9%	Or are you currently single and never married
0.0%	Not sure [DO NOT READ]
4.7%	Refused [DO NOT READ]

D2. **[IF D1=1 ASK:** “Are you or your spouse currently a member of A-A-R-P?” **IF D1=2 ASK:** “Are you or your partner currently a member of A-A-R-P?” **OTHERWISE ASK** “Are you currently a member of A-A-R-P?”]

All Respondents (N=1,000)

25.8%	Yes
69.4%	No
1.3%	Not sure [DO NOT READ]
3.6%	Refused [DO NOT READ]

D3. In general, when compared to most people your age, how would you rate your health? Is it ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=1,000)

9.3%	Excellent
30.0%	Very good
33.2%	Good
18.2%	Fair
6.0%	Poor
0.1%	Not sure [DO NOT READ]
3.2%	Refused [DO NOT READ]

D4. Thinking about who lives in your household, do you currently ...? **[INSERT AND READ ITEMS A-C BELOW]**

<u>All Respondents (N=1,000)</u>	<u>Yes</u>	<u>No</u>	<u>Not sure</u>	<u>Refused</u>
a. Have any children 18 and under living with you	22.3%	73.7%	0.2%	3.8%
b. Have any children 19 and over living with you	17.1%	78.8%	0.0%	4.1%
c. Have a parent or adult relative living with you	15.4%	80.5%	0.2%	3.8%

D5. Do you own or rent your primary residence?

<u>All Respondents (N=1,000)</u>	
77.8%	Own
15.8%	Rent
1.4%	Other living arrangement [DO NOT READ]
0.0%	Not sure [DO NOT READ]
5.0%	Refused [DO NOT READ]

D6. What is the highest level of education that you completed? Is it ...? **[READ EACH ANSWER CATEGORY]**

<u>All Respondents (N=1,000)</u>	
9.6%	0 to 12 th grade, but with no diploma
35.4%	High school graduate or equivalent
11.0%	Post high school education, but with no degree
16.4%	2 year degree
11.6%	4 year degree
2.9%	Post graduate study, but with no degree
7.6%	Graduate or professional degree
0.6%	Not sure [DO NOT READ]
4.9%	Refused [DO NOT READ]

D7. Which of the following best describes your current employment status? Are you ...? **[READ EACH ANSWER CATEGORY]**

<u>All Respondents (N=1,000)</u>	
7.3%	Self-employed full-time
2.0%	Self-employed part-time
23.3%	Employed full-time
3.6%	Employed part-time
41.3%	Retired and not working at all
3.0%	Unemployed and looking for work
14.1%	Or are you not in the labor force for other reasons
0.8%	Not sure [DO NOT READ]
4.7%	Refused [DO NOT READ]

D8. Are you of Hispanic, Spanish, or Latino origin or descent?

All Respondents (N=1,000)

2.1%	Yes
94.4%	No
0.6%	Not sure [DO NOT READ]
2.8%	Refused [DO NOT READ]

D9. What is your race? Are you ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=1,000)

56.4%	White or Caucasian
37.9%	Black or African American
0.5%	Native American or Alaskan Native
0.3%	Asian
0.0%	Native Hawaiian or other Pacific Islander
0.8%	Or are you some other race?
0.3%	Not sure [DO NOT READ]
3.7%	Refused [DO NOT READ]

D10. Thinking about your state elections for Alabama Governor and Legislators in the last 10 years, which of the following best describes your voting behavior? Would you say you vote ...? **[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=1,000)

57.5%	Always
26.1%	Most of the time
7.3%	About half of the time
2.5%	Seldom
1.1%	Never
1.2%	Not sure [DO NOT READ]
4.3%	Refused [DO NOT READ]

D11. Do you consider yourself to be a ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C, FOLLOW UP WITH D]**

All Respondents (N=1,000)

43.4%	a. Democrat
30.1%	b. Republican
13.1%	c. Independent
2.7%	d. Something else [DO NOT READ]
2.5%	Not sure [DO NOT READ]
8.3%	Refused [DO NOT READ]

D12. How would you characterize your political views? Would you say you are ...? **[INSERT, READ AND RANDOMIZE ITEMS A-C]**

All Respondents (N=1,000)

- 35.5% a. Conservative
- 33.3% b. Moderate
- 13.6% c. Liberal
- 10.3% None of these [DO NOT READ]
- 7.3% Not sure [DO NOT READ]
- 0.0% Refused [DO NOT READ]

D13. Have you ever used any of the following healthcare technology for yourself or someone else? **[INSERT, READ, AND RANDOMIZE ITEMS A-E]**

All Respondents (N=1,000)

	Yes	No	NS/REF
a. Tools that alert you to take medications on time	12.4%	83.5%	4.1%
b. Personal emergency response systems that let you call for help easily in an emergency	18.8%	77.1%	4.2%
c. An online support community for caregivers, like the A-A-R-P Caregiver Resource Center	4.4%	90.9%	4.7%

D14. In your residence, do you or any member of your household access the Internet?

All Respondents (N=1,000)

- 64.3% Yes
- 30.8% No
- 0.2% Not sure [DO NOT READ]
- 4.6% Refused [DO NOT READ]

D15. In general, how comfortable are you in using ... **[INSERT A-C IN RANDOM ORDER]**. Are you ...? **[READ RESPONSE OPTIONS IN ORDER]**

	Extremely comfortable	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	NS/REF
<u>All Respondents (N=1,000)</u>	<u>able</u>	<u>able</u>	<u>able</u>	<u>able</u>	<u>able</u>	
a. The Internet	19.9%	23.4%	22.4%	10.1%	17.4%	6.7%
b. Computers	20.6%	19.6%	24.3%	11.5%	17.3%	6.6%
c. Cell phones or smart phones	23.3%	27.5%	22.6%	11.2%	9.4%	6.1%

D16. Did you ever serve on active duty for the United States Armed Forces? **[IF NEEDED, SAY: THE UNITED STATES ARMED FORCES INCLUDES THE ARMY, NAVY, AIR FORCE, MARINES, COAST GUARD, OR WOMEN'S ARMED FORCES]**

All Respondents (N=1,000)

- 10.7% Yes
- 84.9% No
- 0.4% Not sure [DO NOT READ]
- 4.0% Refused [DO NOT READ]

D17. Would you say you live in an ..? **[[INSERT RESPONSE OPTIONS IN ORDER AND ACCEPT ONLY ONE ANSWER]**

All Respondents (N=1,000)

13.2%	Urban
23.3%	Suburban, or
57.3%	Rural area
1.9%	Not sure [DO NOT READ]
4.3%	Refused [DO NOT READ]

D18. We realize income is a private matter and so rather than ask you anything specific about your income, I'd like to ask you to please stop me when I get to the category that includes your household's income before taxes in 2018. Was it ...? **[[INSERT AND READ EACH ANSWER CATEGORY]**

All Respondents (N=1,000)

7.9%	Less than \$10,000
8.1%	\$10,000 to less than \$20,000
8.4%	\$20,000 to less than \$30,000
7.3%	\$30,000 to less than \$40,000
5.4%	\$40,000 to less than \$50,000
4.1%	\$50,000 to less than \$60,000
4.5%	\$60,000 to less than \$75,000
4.6%	\$75,000 to less than \$100,000
1.8%	\$100,000 to less than \$125,000
1.7%	\$125,000 to less than \$150,000
1.6%	\$150,000 to less than \$200,000
1.0%	\$200,000 or more
5.8%	Not sure [DO NOT READ]
38.1%	Refused [DO NOT READ]

That was our last question for tonight/today. Thanks you very much for taking the time to help us out. Have a great day/night!

METHODOLOGY

(insert)